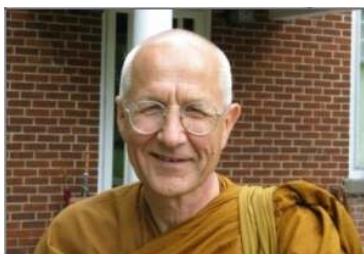




OTTAWA BUDDHIST SOCIETY

Theravada Buddhism in Ottawa

Meditation Retreat
Led by **Luang Por Viradhammo**
October 24 – 31, 2014
Galilee Centre, Arnprior, Ontario



Luang Por Viradhammo is the Abbott of Tisarana Buddhist Monastery.

He was born in Germany, 1947, to Latvian refugee parents. They moved to Toronto when he was four years old. Around 1969, while living in India, he encountered Buddhism. He eventually travelled to Thailand to become a novice at Wat Mahathat in 1973 and took bhikkhu ordination the following year at Wat Pah Pong with Ajahn Chah. He went back to Canada to visit his family in 1977. Instead of returning to Thailand, he was asked by Ajahn Chah to join Ajahn Sumedho at the Hampstead Vihāra in London. Later, he was involved in the establishment of both the Chithurst and Harnham monasteries in the UK. In 1985, invited by the Wellington Theravāda Buddhist Association, he moved to New Zealand, where he lived for 10 years, setting up Bodhinyānārāma monastery. In 1995 he came to the UK to assist Ajahn Sumedho at Amarāvati and stayed for four years before returning to New Zealand, where he lived until 2002. He was living in Ottawa caring for his mother for nine years and is now resident full time at Tisarana.

Registration Information

Date: Friday, October 24th to Friday, the 31st. The retreat begins at 7:00 pm on the 24th and ends after lunch on the 31st.

Location: Galilee Centre
398 John St N,
Arnprior ON K7S 2P6

Registration period: August 24 to October 10, 2014

Registration fee: OBS members: \$630
Non-OBS members: \$660

Please note that the registration fee only covers food and lodging for you, and the cost of billeting two monastics.

Registration:

Through Canada Post by downloading the retreat registration form (below). Cheques should be made out to the **Ottawa Buddhist Society** and dated September 24, 2014. Mail your completed form along with your cheque to Peter Black, Retreat Registrar (see address on registration form).

Cancellation Policy

Last day to cancel registration with a full refund: October 3, 2014. **No** refunds will be given for cancellations received after October 3, 2014. Fees are non-refundable should someone decide to shorten his/her stay at the retreat (for example, to stay for only 5 days instead of 7.)

Wait List

If there are more than 20 registrations, a waitlist will be established and those on the waitlist will be informed immediately of any cancellations.



**MEDITATION RETREAT WITH
LUANG POR VIRADHAMMO**

Oct 24 - 31, 2014

REGISTRATION FORM

Date: _____

First Name: _____ Last Name: _____

Gender: I identify as a Man: _____ Woman: _____ Trans _____

Address: _____ City: _____ Province: _____

Postal Code: _____ E-mail: _____

Home Telephone: _____ Work Telephone: _____

- Do you have **health problems or disabilities** that we should know about?

- Do you **need a ride** to the retreat? Y / N Can you **offer a ride** to the retreat? Y / N

...from **Ottawa**? (specify area of town) _____

...or from **out of town**? (specify town) _____

- Have you previously **practised meditation**? If so, how long have you practised, and with which teacher(s) / tradition(s):

- How much **retreat experience** do you have?

None _____

Short Retreats (1-6 day periods) _____ (specify how many)

Long Retreats (7-14 day periods) _____ (specify how many)

Extended Retreats (15 day +) _____ (specify how many)

Please mail this form with your payment to:

Peter Black, Retreat Registrar

28 Bedale Drive

Ottawa ON

K2H 5M1

Please make cheques payable to the **Ottawa Buddhist Society** and write at the top of your cheque:
"Luang Por Viradhammo October 2014 Retreat".